

BETHESDA NEUROLOGY, LLC

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*Neuro-ophthalmology, Multiple Sclerosis, Myasthenia Gravis, Headache, Stroke,
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Optic Neuritis

- Pain with eye movement is very common in the affected eye (often mild ache)
- Younger age at onset (<45 most often)
- Decreased visual acuity often, which worsens over 4-10 days, then stabilizes for several days-weeks, then improves with or without high dose steroid treatment
- Abnormal MRI showing inflammation in the optic nerve and/or brain
- Normal optic nerve or mild swelling on examination that typically lasts 6 weeks
- Visual acuity often returns to normal, or close to normal, but many patients notice decreased brightness and red color intensity long term
- Lab work (blood tests) help rule out other causes of optic neuritis
- Treatment with high dose steroids speed up the recovery of vision by several weeks, but do not improve vision in the long run

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