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I am writing this letter with mixed emotions. I will retire after 32 years in practice on November 15, 2025. I very much enjoyed helping patients with their neuro-ophthalmic and neurological issues, but all good things must come to an end. I plan to continue teaching at Howard University (since 1997) and start teaching neuro-ophthalmology in the developing world. Unfortunately, I will be unable to continue your care or refill prescriptions after November 15th.

It is important that you make arrangements to receive continued high-quality neuro-ophthalmological/neurological medical care after my retirement. Below is a list of recommended neuro-ophthalmologists and neurologists. This is by no means a comprehensive list and not all will take your insurance.

Once you have found a new physician, they hopefully will want copies of your medical records. Please contact my office by email, fax or regular mail with the contact information of your new physician (their name, address, fax number and/or email address), with your full name and date of birth so that your records can be sent to them in a timely fashion. You can also request a copy of your records sent to you by email or regular mail after signing a record release form found on our website: BethesdaNeurology.com (paper copies may require a fee to cover the extra expense).

Local Neuro-Ophthalmologists:

Benjamin Osborne, MD at Georgetown University (GT)

Amanda Henderson, MD, Dan Gold, MD, Michael Carper, MD, Andrew Carey, MD, David Newman-Toker, MD, PhD at Johns Hopkins (JHU)

Mehdi Tavakoli-Dastjerdi, MD at George Washington Hospital (GW)

Shalom Kelman, MD, Pikesville, MD

Oculo-plastics/thyroid eye disease: Todd Goodglick, MD (Chevy Chase), Al Cytryn, MD/Kevin Perman, MD (Bethesda, MD and Reston, VA)

Strabismus surgeon: Vike Vincente, MD (Chevy Chase), Marcia Hutcheon, MD (Rockville), Steven Bullard, MD (N.Va)

Sonalee Kulkarni, MD (INOVA in VA)

Neurologists:

MS specialists: Rahul Dave, MD (INOVA), Heidi Crayton, MD (Fairfax), Faria Amjad, MD (GT), Siddharth Ninan, MD and Scott Newsome, DO and Shiv Saidha, MD and Bardia Nourbakhsh, MD (JHU), Sangjin Oh, MD (Glen Burnie, MD), Jonathan Ross, MD (Bethesda, MD)

General neurologists: Nirjal Nikhar, MD (Rockville/Olney, Neurology Center (NCPA) (5 offices in DC/MD), Neurology Center of Fairfax (NCF) (Fairfax/Reston), Abigail Lawler, MD (Leesburg, VA), Jonathan Ross, MD

Botox treatment: Nirjal Nikhar, MD, Amy Stone, MD (NCF), Ezra Cohen, MD Stephanie Block, MD, and Kim Hari-Hall, MD (NCPA), Richard Leschek, DO (Frederick, MD)

Epilepsy: Alexander Ramos, MD, Pavel Klein, MD (Bethesda, MD)

Movement disorders specialist: Aviva Ellenstein, MD (1st floor), Fahd Amjad, MD (GT), Nadia Yusuf, MD (NCPA)

Myasthenia Gravis: Henry Kaminsky, MD (GW), Ricardo Roda, MD, PhD (JHU)

I apologize for the inconvenience and wish you the best for your future health and happiness.

Be well,

David M Katz, MD